

Level One Rhythms

1 2 3 4 5

1 1 3 1 2 3 4 1 + 2 + 3 + 4 + 1 2 4

Detailed description: This block contains five rhythmic exercises on a single staff. Exercise 1 is a whole note. Exercise 2 consists of two quarter notes. Exercise 3 consists of four eighth notes. Exercise 4 consists of eight sixteenth notes. Exercise 5 consists of four quarter notes. Below each exercise is a sequence of numbers representing the counting pattern.

6 7 8 9

1 3 4 1 2 3 1 2 3 4 + 1 2 3 + 4

Detailed description: This block contains four rhythmic exercises on a single staff. Exercise 6 consists of two quarter notes. Exercise 7 consists of four eighth notes. Exercise 8 consists of eight sixteenth notes. Exercise 9 consists of four quarter notes. Below each exercise is a sequence of numbers representing the counting pattern.

10 11 12 13

1 2 + 3 4 1 + 2 3 4 1 2 3 + 4 + 1 2 + 3 4 +

Detailed description: This block contains four rhythmic exercises on a single staff. Exercise 10 consists of four eighth notes. Exercise 11 consists of four eighth notes. Exercise 12 consists of four eighth notes. Exercise 13 consists of four eighth notes. Below each exercise is a sequence of numbers representing the counting pattern.

14 15 16 17

1 + 2 3 4 + 1 + 2 3 + 4 1 + 2 + 3 4 1 3 + 4 +

Detailed description: This block contains four rhythmic exercises on a single staff. Exercise 14 consists of four eighth notes. Exercise 15 consists of four eighth notes. Exercise 16 consists of four eighth notes. Exercise 17 consists of four eighth notes. Below each exercise is a sequence of numbers representing the counting pattern.

18 19 20

1 + 2 + 3 1 2 + 3 + 4 + 1 + 2 3 + 4 +

Detailed description: This block contains three rhythmic exercises on a single staff. Exercise 18 consists of four eighth notes. Exercise 19 consists of four eighth notes. Exercise 20 consists of four eighth notes. Below each exercise is a sequence of numbers representing the counting pattern.

21 22 23 24

1 + 2 + 3 4 + 1 + 2 + 3 + 4 1 4 1 2

Detailed description: This block contains four rhythmic exercises on a single staff. Exercise 21 consists of four eighth notes. Exercise 22 consists of four eighth notes. Exercise 23 consists of four eighth notes. Exercise 24 consists of four eighth notes. Below each exercise is a sequence of numbers representing the counting pattern.

25 26 27 28 29

1 4 + 1 + 2 1 + 2 4 + 1 2 4 + 1 + 2 4

Detailed description: This block contains five rhythmic exercises on a single staff. Exercise 25 consists of four eighth notes. Exercise 26 consists of four eighth notes. Exercise 27 consists of four eighth notes. Exercise 28 consists of four eighth notes. Exercise 29 consists of four eighth notes. Below each exercise is a sequence of numbers representing the counting pattern.

30 31 32 33 34

1 2 + 3 + 4 1 2 + 3 1 + 2 3 1 3 4 + 1 3 + 4

Detailed description: This block contains five rhythmic exercises on a single staff. Exercise 30 consists of four eighth notes. Exercise 31 consists of four eighth notes. Exercise 32 consists of four eighth notes. Exercise 33 consists of four eighth notes. Exercise 34 consists of four eighth notes. Below each exercise is a sequence of numbers representing the counting pattern.