

Level Two Warmups

1. breathe

pp 1 e + u 2 e + u 3
Do Re Mi Fa So Fa Mi Re Do
Mmm - - - - - breathe

2. breathe

pp 1 e + u 2
So Me Do Mi So
Mmm - - - - - breathe

3. breathe

pp 2 *mf* 1 e + u 2 e + u 1
Do Do Re Mi Fa So Fa Mi Re Do
Mmm Mah ah Mah ah Mah ah Mah ah Mah breathe

4. breathe

pp 2 *mf* 1 e + u 2
So So Mi Do Mi So
Mmm Mah ah Mah ah Mah
10 11 12 breathe 13 14 15 breathe

5. breathe

pp 2 *mf* 1 2 1 2 *pp* 2 *mf* 1 2 1 2
Do Do Do Do Do Fa Fa Fa Fa Fa
Mmm La My No Gaw Mmm La My Noh Gaw 19 breathe

6. breathe

pp 2 *mf* 2 1 e + u 2 e 1 e + u 2 e +
Do Do Mi So Mi Do Fa La Fa Do Mi So Fa Re Ti Do
Mmm Lah ah Lah ah Lah ah Lah ah Lah ah Mah aye Noh oh Gaw 23 breathe

7. breathe

pp 2 *mf* 1 e + 2 e + 1 e + 2
So So Mi Do So Mi Do So Mi Do So
Mmm Lah ah ah Mah ah aye Noh oh oh Gaw 29 breathe

8. breathe

pp 2 *mf* 1 *f* 1 *ff* 1 + 2 + 1 + 2 *mp*
Do Do Do Ti La So Fa Mi Re Do
Mmm Mah Mah Mah ah Mah ah Mah ah Mah breathe

9. breathe

pp 3 *mf* 1 e + u 2 e + u 1 e + u 2 e + u 1
Do Do Mi So Do Ti So Fa Re Do Mi So Do Ti So Fa Re Do
Mmm Lah ah Lah ah Roo oo Roo oo Lah ah Lah ah Vee ee Vee ee Lah breathe

10. breathe

pp 1 e + u 2
Do Ti La Ti Do
Lah Lah Lah Lah Lah