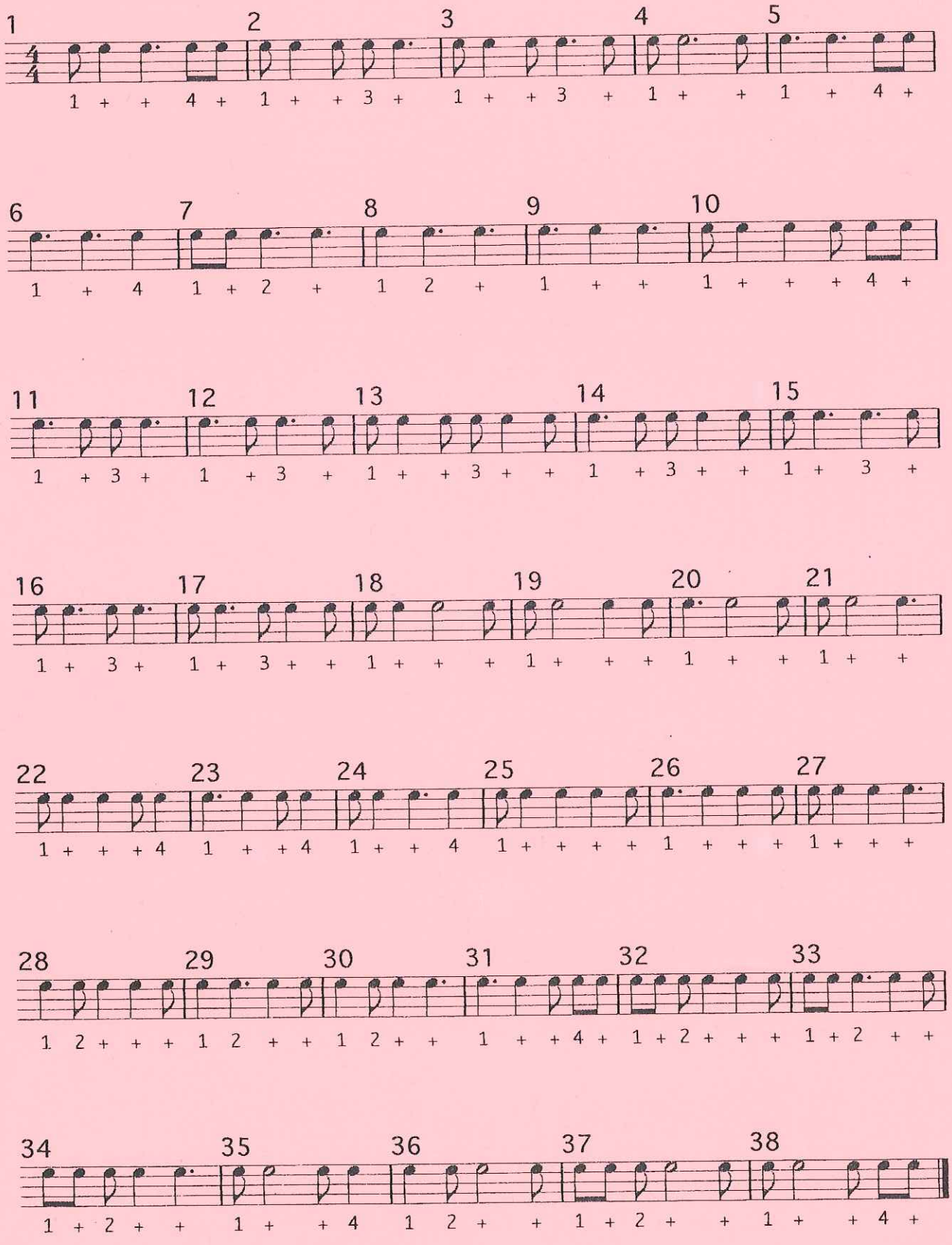Level Three Rhythms